# Middlesbrough Council



AGENDA ITEM:		
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#### **HEALTH SCRUTINY PANEL**

# **19 NOVEMBER 2008**

# EMOTIONAL WELLBEING & MENTAL HEALTH IN MIDDLESBROUGH

## DEVELOPING SERVICES IN THE NEXT THREE TO FIVE YEARS

## **PURPOSE OF THE REPORT**

1. To introduce representation from the Public Health & Commissioning aspects of Middlesbrough PCT, in attendance to discuss how mental health services should develop in the next three to five years.

#### **RECOMMENDATIONS**

- 2. That the Health Scrutiny Panel considers the attached briefing from officers of Middlesbrough PCT and incorporates the evidence into the overall review.
- That the Panel considers whether it would like to gather any further evidence, or begin to consolidate and consider the evidence already collected, ahead of compiling a final report.

#### **CONSIDERATION OF REPORT**

- 4. Members will recall that the Health Scrutiny Panel has received a great deal of evidence on the topic of Emotional Wellbeing & Mental Health. The Panel has spoken to Directors of Public Health, senior representatives for the Tees, Esk & Wear Valleys Trust, Middlesbrough MIND, Mental Health Commissioning staff, Young Minds and Council officers. It has also considered a number of papers published by mental health charities and academic institutions.
- Following the collection of all of this evidence, the Health Scrutiny Panel has expressed an interest in hearing from the Public Health element and the Commissioning element of Middlesbrough PCT, to hear their views as to how

they feel Mental Health Services will/should develop in the next three to five years.

- 6. To that end, the Director of Public Health for Middlesbrough and the Director of Health Systems Development will be in attendance at today's meeting to speak to a briefing paper they have produced for the Panel. By way of introduction, the Directors have being asked to consider how they see Mental Health services and the commissioning thereof, developing in the next 3 to 5 years.
- 7. The paper prepared for the Panel is attached and it is not proposed to repeat its content in this short covering report. It is anticipated that Middlesbrough PCT representatives will speak to the paper, ahead of a debate ensuing.
- 8. Following today's meeting, the Panel is asked to consider how it would like to progress this review. Specifically, the Panel is asked whether it feels it has sufficient evidence to move towards the assimilation of that evidence in a draft final report, or whether it would like to gain further information.

#### **BACKGROUND PAPERS**

9. Please see Appendix 1 – Paper on the future development and commissioning of Mental Health Services from Middlesbrough PCT.

#### **Contact Officer:**

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